

State of Vermont
Department of Disabilities, Aging & Independent Living
Shared Living Home Pre-Inspection for Accessibility Assessment

Directions: Agency Service Coordinator or other staff member will do an in-person walk through of the home and an interview with the shared living provider. Upload completed document to the DAIL Housing Portal and provide copy to the licensed professional conducting the functional assessment.

Please complete all blue areas and answer all questions

PARTICIPANT NAME:	Keir Mobile
PARTICIPANT AGE:	
SHARED LIVING PROVIDER NAME:	Whomever
ADDRESS:	123 School Street, Anytown
AGENCY NAME:	
NAME/TITLE OF AGENCY STAFF MEMBER:	Anyone
DATE OF PRE-INSPECTION:	02/16/2023
AID NUMBER:	00000001
CASE NUMBER:	000002

QUESTIONS RELATED TO THE HOME

- 1. What are the common areas inside of this home?** Please include details regarding how the Participant uses these common areas.

Keir likes to spend her evenings in the living area of the home to watch TV with the SLP and other family members. She also likes to eat her meals sat at the dining table in the kitchen area and enjoys assisting the SLP in preparing meals and snacks within the kitchen.

- 2. What are the common areas outside of the home that occupants most likely would gather?** Please include details describing how the Participant uses the outside area as well as how they would like to use the outside area.

Keir likes to spend time on the decking area located to the back of the property in warmer weather. Keir enjoys spending time in the backyard where she expresses an interest in gardening and the local wildlife.

3. What is the accessible route to the home that the participant will use?

Please include details describing how the Participant accesses the home and include a description of any assistance received.

Keir uses the steps located to the main entrance of the home. Keir requires full support when walking up and down these stairs. The SLP will walk in front of Keir holding both of her hands to assist her up and down the stairs.

a. **Does this accessible route have a ramp?** YES NO

4. What bathroom will the participant regularly use? Please also describe how the bathroom is used by the Participant.

Keir uses the bathroom located on the second floor. Keir requires full assistance when showering, but can brush her teeth and wash her hands with minimal assistance and occasional prompting

5. Are there any fall or trip hazards? YES NO

If yes, please describe the hazard and how the Participant currently navigates the area including what assistance is received.

There is quite a large step located to the main entrance of the home. Keir sometimes struggles to navigate this due to depth perception. She requires support from the SLP when navigating this step.

6. Are there interior stairs in the home? YES NO

If yes, do the stairs lead to an area the participant will access or a common or gathering area? Please describe how the Participant navigates the stairs and what type of assistance, if any, is received.

Keir's bathroom is located on the second floor of the home. When using the stairs, Keir requires physical support from the SLP. Keir will hold onto the handrail and hold the SLP's free hand when walking up and down the stairs for physical support.

7. Is the participant's sleeping area separate from the home or an apartment within the home? YES NO If yes, please explain.

Keir's sleeping area is located on the first floor of the home to allow for easy, independent access. The SLPs bedroom is located on the second floor of the home. If Keir requires assistance during the night, she makes use of an internal doorbell system which can be heard clearly within the SLPs bedroom area.

- 8. Is the home provider's area accessible to the participant?** YES NO
If no, how would the participant reach the home provider if needed?

Keir and SLP reside within the same area of the home, which allows Keir free access throughout.

QUESTIONS RELATED TO THE PARTICIPANT

- 1. Are there any physical barriers for the participant to move freely around the home environment?** If yes, please describe how the Participant navigates the barrier of what type of assistance is received, if any.

Keir cannot walk up and down the stairs without support.

- 2. Are there issues with grip or grasp strength?** YES NO
If yes, please explain.

Keir sometimes struggles with grip due to a diagnosis of Parkinson's disease. Keir can have difficulty using utensils such as a knife and fork so can sometimes require assistance whilst eating

- 3. Describe any visual impairments that may limit the participant's ability to freely move around the home environment.** If assistance is necessary to navigate areas of the home environment, please describe.

Keir has a diagnosis of Nystagmus can sometimes has difficulty with depth perception. When walking throughout the home, Keir can struggle with transitions when the flooring changes from room to room and can be hesitant when navigating across these areas. Due to significant sight loss, Keir needs assistance when stepping in and out of the bathtub.

- 4. Describe any hearing impairment that may limit the participant's ability to freely move around the home environment.**

Keir uses a cochlear implant and therefore is very sensitive to some noises throughout the home. The extractor fan located within the kitchen area is unpleasant for her to hear, and therefore she avoids the kitchen area almost entirely

5. Are there any cognitive, sensory, mental health or other issues that may limit the participant's ability to navigate their home environment?

YES NO If yes, please explain.

Keir demonstrates dementia symptoms as a direct result of her diagnosis of Parkinson's disease. As Keir has recently moved into the home, she can sometimes become disorientated in relation to the layout of the home and requires continuous reminders.

6. Please list any adaptive devices (wheelchair, walker, cane, etc.) or other supportive needs for mobility (someone's arm, furniture, etc.) the participant uses inside the home.

Medical Adjustable Bed – Opera Classic Profiling Bed

Keir requires AO2 for getting in and out of the bed and getting in and out of the bath. SLP and carer physically lift Keir with no transferring aid.

Keir requires AO1 when entering the shower area due to needing to step over the bathtub to enter / exit the area.

Keir walks around the home independently without walking aids. However, when navigating the main corridor of the home, Keir holds onto the wall for support. —

SLP holds Keir's hand/s when walking up and down the stairs within the home.

7. Please list any adaptive devices (wheelchair, walker, cane, etc.) or other supportive needs for mobility (someone's arm, furniture, etc.) the participant uses outside the home.

Wheeled Walking Aid – Aidapt 4 wheeled rollator to navigate uneven terrain outside of the home.

On days of significant fatigue, Keir sometimes requires the use of a manual wheelchair – CareCo Freedom Travel Wheelchair. Keir isn't physically able to propel the wheelchair independently and is entirely dependent upon the SLP to navigate the wheelchair.

8. Are the inside common/gathering areas identified above accessible to the participant? YES NO If no, please explain.

Keir is able to access the lower floor areas independently. However, requires assistance when navigating the stairs to the second floor.

9. Is the participant able to access the outside environment?

YES NO If no, please explain.

Keir can access the outside areas with support. Due to cognitive decline and risk of falls, Keir requires the supervision of SLP at all times when outside of the home.

10. How will the participant utilize the kitchen area? (preparing meals or snacks, etc.)

Keir enjoys assisting the SLP with simple tasks such as washing and peeling the potatoes. Keir enjoys spending time within the kitchen area whilst the SLP cooks and prepares meals. However, the majority of meal preparation itself is done by SLP due to Keir's physical restrictions and fatigue.

11. Where does the participant bathe and what method is used (shower, bath, other)?

Keir prefers taking a bath. However, this is not always a possibility as it requires AO2 when lifting Keir in and out of the bath. When a bath is not a possibility, Keir uses a shower within the main bathroom that she is able to safely utilize with extensive assistance. Keir is able to step over the threshold of the shower with AO1 and the grabrails present within the showering area.

However, due to an open wound currently present on Keir's L leg, she is having to have bed baths. This is only a temporary adaption until the wound has healed. Once the wound has healed, Keir will return to her regular bathing routine.

12. What level of assistance does the participant require: (Use one of the following: Total Independence, Supervision, Limited Assistance, Extension Assistance)

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| a. Bathing: | Extensive Assistance |
| b. Personal Hygiene: | Extensive Assistance |
| c. Toilet Use: | Limited Assistance |
| d. Mobility: | Supervision |

ADDITIONAL INFORMATION

1. Please provide a summary of the participants medical condition(s) that may affect their ability to freely move throughout the home.

Keir has a diagnosis of Parkinson's disease. As a result of this, she presents with dementia symptoms and can become disorientated and confused. Keir has a diagnosis of nystagmus and her vision is quite poor. Keir uses a cochlear implant – without this, she is hard of hearing. Keir's mobility is limited due to arthritis in all of her joints, and can often express severe pain, especially during the colder months.

2. Please describe any cultural concerns that are relevant.

Keir prefers to adopt a traditional bucket and jug style bathing technique – maintaining this is very important to her. The family require shoes to be removed prior to entering the home.

3. Please provide any other information that would be helpful to the Accessibility Contractor about the likes and dislikes of the Participant and any hobbies or activities they find especially enjoyable.

Keir enjoys painting and sewing. She enjoys spending time with the SLP and family, and is eager to remain independent with laundry and simple household tasks. Keir shows interest in reading, however, due to her deteriorating vision, she finds this difficult. The SLP has mentioned that Keir can become frustrated when she cannot navigate the television remote independently.

4. Please detail any instructions the contractor should know prior to the visit (i.e. the family requests all visitors wear face covering when visiting the home.)

The family request that all visitors wear a face covering when visiting the home.

5. Please list all modifications the Agency feels would benefit the participant and caregiver that would enhance safety and promote independence.

Keir is at a high risk of falls due to her dependence on the care provider for physical support. Keir also utilizes the interior walls within the home when navigating the home independently. Keir has previously tripped over the threshold leading to the kitchen from the living area, and has had previous falls within the bathroom when attempting to use the toilet independently.